



Sue Kalicinska

Health - Naturally

Sue offers bespoke packages for the health and well-being of yourself, your staff and your business.

These can be treatment or facilitation based or a combination of both.

Facilitation can be 1-2-1 or in a group context.



@SuzyKal

Treatments include

Healthy and whole.....

Traditional acupuncture treats the whole person rather than the dis-ease and attempts to work with the cause of the problem as well as the symptoms. Thus, dietary advice, for example, may play a part in the treatment. Acupuncture has a detailed diagnostic system and can also be used as a preventative medicine, correcting imbalances in their early stages.

The Inner and Outer Makeover...

Facial and restorative acupuncture de-creases stress inside and out, leaving you looking AND feeling good. Because this treatment releases the years of tension held in the face you look and feel uplifted.

Therapeutic massage..

wonderful for relaxation, improvement of circulation, toxin clearing, muscle strains and RSI

Bring back the Colour into your life...

lose that washed-out feeling and regain your vibrance and energy. Colour healing draws on the pure harmonising colours of nature, especially plants, trees and flowers to restore health and well-being.

Facilitation includes...

Aims and choices

Explore future options for you and your business with the guidance of the Ancient Chinese Classic: the Yi Jing, or Book of Changes. Sue has studied and conducted consultations of this inspirational repository of wisdom for 30 years.

Intention setting with clarity

Through sounding and visualisation we can let go of beliefs, perspectives and ways of speaking that may be preventing us from realising our own excellence. Through sounding and meditative visualisation you will gain tools to transform your intentions into reality, both in your business and in your personal life. To help you on this exciting journey Sue draws on her knowledge of the Ancient Healing Sounds and Colours from Chinese Medicine and the Indian Chakra system.

All about Sue

Sue Kalicinska is a registered traditional acupuncturist, holding clinics in London and Surrey. Sue is a graduate of the International College of Oriental Medicine where she also trained in therapeutic massage. Subsequently she has added facial and restorative acupuncture and abdominal acupuncture to her skills.

She is a founding member of the British Acupuncture Council and facilitates their continuing professional development programme in South-East England. In addition, Sue practices Colour Healing, being a graduate of the Maitreya School of Healing.

Sue trained as a facilitator with Nikki Slade and facilitates classes and workshops in meditation, personal and business development, healing, and the Yi Jing (I Ching). Sue has been in practice since 1987 and founded her first Centre in 1990. She now holds clinics in Victoria and Surrey.

Sue began her professional life in the field of medical physics and holds degrees in physics and nuclear technology as well as acupuncture. She has been an educator in science and maths both in the UK and in Tuvalu, Oceania and has worked in the field of student welfare.

Sue's Specialities:

Traditional acupuncture, tailored to the individual and for all ages

Facial and restorative acupuncture

Abdominal acupuncture

Colour healing

Personal and business facilitation: 121 and workshops for motivation, stress-busting, intention setting and healing.

Yi Jing consultations

Professional Organisations:

British Acupuncture Council (Founding member)

LCSP Register

Experience

Director and Practitioner

SuzyKal Ltd

Health, Wellness and Fitness industry

September 1987 – Present

Sue has more than 24 years experience as a practitioner of acupuncture. She also offers restorative acupuncture, colour healing, Yi Jing consultations, personal and business facilitation and acupuncture master classes. Her practice receives clients in London and Surrey and her *Health-Naturally* tailored packages can be taken to your company or venue, nationally and internationally. Sue also offers her work at a beautiful venue in Uzumlu, Turkey.

Founder

SuzyKal Ltd

Health, Wellness and Fitness industry

September 1987 – Present

Formerly known as Camberley Natural Therapy Centre Ltd

Co-Director

Shenshakti

Health, Wellness and Fitness industry

March 2009 – Present

Shenshakti is a multi-disciplinary clinic in London's Westminster, offering a wide range of natural therapies. These are provided by a team of professional complementary health practitioners.

Facilitator

Sounding the Colours of Life

Health, Wellness and Fitness industry
September 2007 – Present

Sounding the Colours of Life is a process that helps us move beyond the 'noise' and distraction that holds us back in life.

CPD Facilitator

British Acupuncture Council

Health, Wellness and Fitness industry
February 2003 – Present

Sue facilitates professional acupuncturists in groups and 1-2-1 in relation to their continuing professional development.

Teaching and facilitation for acupuncturists

Ongoing

Sue holds master classes on acupuncture and healing for practitioners.

Teaching faculty

International College of Oriental Medicine

Educational Institution; Alternative Medicine industry
1990 – 1993

Teaching undergraduates traditional Chinese medical pathology and Western science.

Teacher

VSO

Nonprofit; Nonprofit Organization Management industry
1982 – 1984

Sue taught secondary level maths and science at Motufoua School, Tuvalu. She also had a pastoral role in this boarding school.

Education

CPD

Ongoing

Sue undertakes regular professional enhancement, most recently in advanced pulse diagnosis and abdominal acupuncture as well as ongoing facilitation training and workshops.

Free the Inner Voice (Nikki Slade)

2007

Certification in Facilitation

International College of Oriental Medicine

1984 – 1987

B.Ac., Acupuncture

Certification in remedial massage (N.I.M. accredited)

Subsequently on the teaching faculty: 1990-93

Maitreya School of Healing

1980 and 1985

Certification in Colour Healing, foundation and advanced.

Subsequently authorised to run healing courses using techniques learned there.

Imperial College London

1974 – 1981

M.Sc., D.I.C., Medical physics/nuclear technology

Subsequently: Research Assistant, Chemical Engineering.

Student Welfare Officer, 'Warden' Southwell House, 'Subwarden' Linstead Hall

King's College London, University of London

B.Sc.(hons), Physics

1971 – 1974

Sue graduated from the former Queen Elizabeth College, now subsumed into King's College.